

# Number One Bracket

## Opening Activity

### Lesson 1 - I Will Show That Jesus Is Number One In My Life!

#### PURPOSE:

This opening activity will introduce the idea that when things are important to us, we show it.

#### DESCRIPTION:

In this activity, the children will fill out a playoff-style bracket with typical activities on it. They will rate the activities until there is one rated most important.

#### MATERIALS NEEDED:

For this activity, you will need this Help Sheet, a marker and a large sheet of butcher paper, or a dry erase marker and white board, and the "Important Things Bracket Lesson 1" and "Important Things Lesson 1" from the Lesson Materials Folder.

*Note: Use the Important Things Bracket as a guide to making a larger bracket on the butcher paper or white board that will be more easily seen by the whole group.*

#### TO INTRODUCE THE ACTIVITY SAY:

1. Today we are talking about important things.
2. In fact, we are talking about what is most important.
3. When something is most important, people say it is "number one."
4. We are going to have a cheering championship where you will determine what thing or activity is number one in our group.
5. Let's play!

**For detailed instructions on how to lead the activity, watch the Training Video.**

#### DURING THE ACTIVITY SAY:

1. This is our championship bracket and these are our activities.
2. I will read off two of the activities that are beside each other.
3. You will cheer for the one that you think is the most important out of those two things.
4. Remember, you must cheer for one of the two things I name, even if the thing you think is most important is somewhere else on the board.
5. The item with the loudest cheer will advance to the next round.
6. After we have heard all the first round cheers, we will continue to the second round, the third round, and finally, the final round!

*Note: Make sure that the children participate in cheering for each round. Even if their favorite thing is not in the pair that is competing, they must cheer for the most important thing out of those two items. After the final round, declare the winner and let a few children tell reasons why they think that thing is the most important thing out of the things in the competition.*

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### AFTER THE ACTIVITY SAY:

1. In the game, we showed what was most important to us by moving it to the number one spot on our playoff bracket.
2. In real life, we show others what is most important to us by making it number one, or the priority, in our life.

### CLOSING STATEMENT:

Today we are going to learn about what should be the most important thing in life. Let's go into Large Group and find out more about that.