

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 - 7 am							
7 - 8 am							
8 - 9 am							
9 - 10 am							
10 - 11 am							
11 - 12 pm							
12 - 1 pm							
1 - 2 pm							
2 - 3 pm							
3 - 4 pm							
4 - 5 pm							
5 - 6 pm							
6 - 7 pm							
7 - 8 pm							
8 - 9 pm							
9 - 10 pm							

Color key: ☐ Praying ☐ Reading your bible ☐ Going to church