

Important Targets

Small Group Application Activity

Lesson 1 - I Will Show That Jesus Is Number One In My Life!

PURPOSE:

This activity will encourage the children to practice defending things that are most important.

DESCRIPTION:

In this activity, the children will play a game, defending targets from attack. They will need to defend the most important targets more carefully than the ones of lower point value.

MATERIALS NEEDED:

For this activity, you will need this Help Sheet, tape, dodgeballs, cones, and the "Important Targets Point Cards Lesson 1" from the Lesson Materials Folder.

Note: Set the dodgeballs at one end of the room and the cones at the other, with a tape line in between. Attach the point cards to the side of the cones facing away from the dodgeballs.

TO INTRODUCE THE ACTIVITY SAY:

1. Everyone loves to play dodgeball. But we are going to play a slightly different version of dodgeball.
2. In this game, one team will have to choose to defend what is most important.

For detailed instructions on how to lead the activity, watch the Training Video.

DURING THE ACTIVITY SAY:

1. The Throwers will throw the dodgeballs at the cones from behind the tape.
2. The Throwers can never cross the tape.
3. On the back of the cones are point values. Some of the points are very high and some of them are very low.
4. If the Throwers knock over a cone, they get the points that are on that card.
5. The Defenders start behind the cones, but can move anywhere on their side of the tape.
6. The Defenders must use their hands and bodies to hit the dodgeballs back to the other side and keep the balls from knocking over the cones.
7. Defenders cannot keep dodgeballs after they have been thrown. They must pick them up and throw them back.
8. Throwers do not get any points for hitting the Defenders.
9. Remember that some of the cones are worth more points than the others. Defenders will want to defend those cones more than the others and Attackers will want to attack those cones more than the others.
10. After we have played for a while, I will switch up the teams.

Note: Have a low number of Defenders compared to your targets and spread the targets out over a wide area. If you have 20 targets, you probably only need four or five Defenders at the most.

AFTER THE ACTIVITY SAY:

1. Defenders, you were defending certain cones more than others. Why was that? *(They were worth more points.)*
2. Defenders, would you say that those cones were more important to defend than the others? *(Yes.)*
3. Attackers, how could you tell which targets were the most important to the Defenders? *(They stayed near them. They were always defending them.)*

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4. In this game, you defended the higher point targets more, because they were more important for winning the game.
5. In our lives, we should defend the things that are most important, and not let anything interfere with them.
6. What should be the most important things in our lives? (*The things God wants us to do*)

CLOSING STATEMENT:

The most important things in our lives should be doing the things God wants us to do. Those things include coming to church, bringing our tithes and offerings, reading our Bibles, and praying. When we defend those things by not letting anything, or anyone, interfere with them, we are showing others what is number one in our life.