

# Go Lower

## Small Group Application Activity Lesson 2 - I Will Serve Others!

### PURPOSE:

This activity will show the children that following Jesus' example often means seeking out lowly jobs, not avoiding them.

### DESCRIPTION:

In this activity, the children will play a game in which they attempt to be the person whose hand is at the lowest position.

### MATERIALS NEEDED:

For this activity, you will need this Help Sheet and a baseball bat, broom handle, or pole.

### TO INTRODUCE THE ACTIVITY SAY:

1. In baseball, sometimes players play a game, where they try to be the one to get his or her hand on the top of the bat.
2. We are going to play that game today, but flip it upside down.

**For detailed instructions on how to lead the activity, watch the Training Video.**

### DURING THE ACTIVITY SAY:

1. First, let's play the game the way we usually would.
2. One person starts the game by grabbing the bat somewhere in the middle.
3. The next person puts his or her hand around the bat right above, touching the person's hand below theirs.
4. The person whose hand is the last one able to grip the bat is the winner.

*Note: Play a round or two and then switch.*

5. As you can see, the normal way to play this game is to try to end up on top.
6. But now we will switch that and play the same game, but move lower on the bat instead of higher.

### AFTER THE ACTIVITY SAY:

1. In this game, people normally try to take the highest place, but we turned it upside down by taking the lowest place instead.
2. In life, people usually try to place themselves above others. One way people do this is by trying to get others to do things for them and by avoiding lowly jobs that people don't want to do. But Jesus turned that upside down.
3. In our Bible Lesson, Jesus did something for the disciples. What kind of job was it? (*Washing their feet.*)
4. Washing people's feet was a job no one wanted to do. Normally the lowest servant would do that job.
5. Jesus found the job that no one else wanted to do and did it. We should follow His example.
6. There is probably a job in your house that no one wants to do. It might be taking out the trash, or washing the dishes, or folding the clothes.
7. This week, when that job comes up, volunteer to do that job or at least help the person who is doing it. When you do that, you will be following Jesus' example of serving others.

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## CLOSING STATEMENT:

Normally, people try to avoid doing things for others, but Jesus wants us to follow His example by seeking out opportunities to serve others. Just like we flipped this game upside down, you can flip your world upside down by choosing to serve others by doing things for them.