

# Lie Less, Les

## Small Group Application Activity Lesson 4 - I Will Tell The Truth!

### PURPOSE:

This activity will show that even if lies work in the short term, they only bring trouble to your life.

### DESCRIPTION:

In this activity, the children will hear the story of a boy named Les, who lies to get out of trouble.

### MATERIALS NEEDED:

For this activity, you will need this Help Sheet and the "Lie Less Les Story Lesson 4" from the Lesson Materials Folder.

### TO INTRODUCE THE ACTIVITY SAY:

1. There are many reasons that people lie, but probably the most popular is to avoid getting into trouble.
2. Most of the time, you will get caught anyway, and will be in more trouble because you lied than if you had just told the truth.
3. But what if your lie worked? What if people believed you? Today, we will hear a story about a boy named Les who tells lies to get out of trouble.
4. But Les will find out that it is not that simple.

**For detailed instructions on how to lead the activity, watch the Training Video.**

### DURING THE ACTIVITY SAY:

1. When I pause in the story, I want you to say, "Lie less, Les!"
2. Let's practice. Everyone say "Lie less, Les!" with me. (*Lie less, Les!*)
3. Good job. Let's read the story.

### AFTER THE ACTIVITY SAY:

1. Les never got caught for lying, but did the lies make his life easier, or harder? (*Harder.*)
2. Many times when we are tempted to lie, it is to get out of trouble or avoid blame.
3. But just like lies only brought more trouble to Les's life, they will only bring trouble to your life.
4. You will feel guilty, you will feel bad for the people you hurt, and you will probably just get in more trouble.
5. Lies may work for a little while. You might never get caught. But eventually, lies always lead to more trouble than they are worth.

### CLOSING STATEMENT:

Les's life would have been better with less lies and so will yours. Even if you don't get caught in a lie, it will still hurt you. That is why it is best to always tell the truth.