

The Ingredients Of Disobedience

Small Group Application Activity Lesson 7 - I Will Obey Jesus!

PURPOSE:

This activity will show the children that obedience is not the easiest way, but it is the best way.

DESCRIPTION:

In this activity, the children will see that obedience might be more difficult than disobedience, but the results of obedience are far better than the results of disobedience.

MATERIALS NEEDED:

For this activity, you will need this Help Sheet, a small container of cottage cheese, some soy sauce, a clear glass, and a spoon.

Note: You could substitute anything that looks similar to milk for the cottage cheese and anything that is a similar color to chocolate for the soy sauce. Just make sure that the outcome of mixing them will be disgusting.

TO INTRODUCE THE ACTIVITY SAY:

1. I want to try this amazing recipe for chocolate milk, but sometimes following the instructions in a recipe can be hard.
2. Today I have some ways to make it easier.

For detailed instructions on how to lead the activity, watch the Training Video.

DURING THE ACTIVITY SAY:

1. I'll read you the recipe and show you how I have made it easier.
2. Step one: Use six ounces of fresh milk.
3. I am all out of milk, but instead of going to the store I will use six ounces of cottage cheese because it is easier.
4. Cottage cheese is made from milk so it is close to the same thing.
5. Cottage cheese is white, so it looks close to the same thing.
6. Step two: Use two large tablespoons of chocolate syrup.
7. I don't have any chocolate syrup either, but going to the store is just too hard. It's easier to use what I have, so I will use this bottle of soy sauce.
8. Chocolate is made from a bean, and soy sauce is made from a bean, so it is close to the same thing.
9. Also, soy sauce is brown and chocolate syrup is brown, so it looks close to the same thing.
10. Step three: Mix the ingredients together and enjoy.
11. This part of the recipe, I am going to obey, so I'm sure it will turn out great.

Note: Mix the ingredients together as well as you can to make something that looks a little bit like chocolate milk. Drink some, if you dare, but do not allow the children to drink any.

12. This mixture is disgusting. It smells nothing like chocolate milk and I am sure that it will not taste good.
13. What went wrong with my chocolate milk? (*You did not use the right ingredients. You did not follow the recipe. You did not obey the instructions.*)

CONTINUED ON PAGE 2

AFTER THE ACTIVITY SAY:

1. In making this disgusting mixture, I demonstrated three ways and reasons we disobey. These are the ingredients of disobedience.
2. Number one: Lots of times when we disobey it is because we think it is easier.
3. It is easier to play video games than to clean your room.
4. It is easier to go play with your friends than to do your homework.
5. But just because something is easier to do, does not mean it is better.
6. Number two: We disobey by doing something close to the right thing, or something that looks sort of like the right thing.
7. If you copy the answers from your friend's paper, it looks like you have done your homework.
8. If you shove your junk under your bed, it looks like you have cleaned up in your room.
9. But doing something that looks like the right thing, is not the same as obeying.
10. Number three: Sometimes we only obey part of the instructions.
11. If you put away your toys, but don't fold your clothes, you have not completely cleaned your room.
12. If you do part of your homework, and leave the rest undone, you will not get a good grade.
13. When we do something easier than obeying, or something that looks like obeying, or obey only part of what we are told, we are not obeying at all.

CLOSING STATEMENT:

When we obey what Jesus teaches, our lives will turn out like a delicious recipe. If we choose to disobey Jesus' teachings, our lives will leave a bad taste in our mouth.